

School Counseling is Available to Help Support Families Parents, Children amid COVID-19 outbreak.

Dear Parents and Students:

In these difficult and uncertain times it is important that we pay as much attention to our emotional / mental health as we do to our physical health.

This is most important for children who have had their routines disrupted and are unable to communicate with their friends and teachers at school.

Parents are now required to play multiple roles due to the fact that children are at home participating in remote learning with few social interactions.

Therefore, the Saint Demetrios School counselor, Mr. Spiro Tsoumpariotis will be available to speak to any parent or child seeking support or advice on matters relating to school, family, and even fears concerning the virus.

Please contact him via email svmv4@aol.com to schedule a phone appointment.

Thank you for taking the time to consider this matter.

Sincerely yours,

School Administration